

**THE 12th MAN YOUTH
FOOTBALL CAMP
FEATURING THE
EDWARDSVILLE HIGH
SCHOOL STAFF AND
PLAYERS**

The Edwardsville Youth Football camp will give all football players an opportunity to learn individual position skills, football terminology, and participate in flag football games. The campers will be coached by the Edwardsville High School football staff and Edwardsville football players.

The camp will include an agility and flexibility segment, an offensive and defensive individual segment, special team segment, flag football games, and inspirational talks from our head football coach.

Each camper will receive a 12th Man Football Camp Shirt on the last day of camp.

This camp will give all campers, parents, and community members an opportunity to meet and interact with the high school football staff and players; as well as learn what skills and techniques are taught at the high school level.

CAMP INFORMATION

DATES & TIMES:

July 6 – 8, 2009

TIMES:

6:00 pm until 8:30 pm

GRADES:

3rd through 6th in the fall of 2009

FACILITIES:

The camp will be held at the Edwardsville High School practice & game field.

COST:

\$55.00 per camper – Cash or Check.
Make checks out to Mark Bliss,
Edwardsville Football.

QUESTIONS:

Mark Bliss at 816.739.5010 or
618.656.7100.
Email: mbliss@ecusd7.org

Or

Kelsey Pickering at 816.885.0529 or
618-656-7100.
Email: kpickering@ecusd7.org

CAMPER INFORMATION

Name: _____

Address: _____

City: _____

Zip: _____

Parent/Guardian: _____

Home Phone: _____

Cell Phone: _____

Emergency Contact and Phone Number:

Camper Profile:

Height: _____ Weight: _____

Age: _____ Grade Next Fall: _____

Offensive Position: _____

Defensive Position: _____

T-Shirt Size Youth: S M

T-Shirt Size Adult: S M L XL XXL

Registration Deadline:

When you pre-register for the camp the price is \$55.00. If you register the day of the camp the price is \$60.00. Please send registration to: Mark Bliss

6161 Center Grove Rd.
Edwardsville, IL 62025

RELEASE OF LIABILITY

In consideration of the Edwardsville Football Youth Football Camp and granting the camper permission to participate, I hereby state that the Edwardsville Football Youth Camp and the individual's representing the Edwardsville Youth Football Camp are not responsible for any preexisting injury or recurrence of any undisclosed preexistent injury or illness of the listed camper. I further acknowledge and release the Edwardsville School District, the Edwardsville High School Football Program, the Edwardsville Youth Camp and All Coaches and players, and all its participants in said football camp from all liability including claims and suits at law or equity for injury that may result from the camper taking part in the Edwardsville Youth Football Camp. _____

INITIALS

I, as a parent or legal guardian, acknowledge and fully understand that the participant will be engaging in activities that involve risk or serious injury and that there may be other risks not known or not reasonably foreseen at this time. I assume all the foregoing risks and accept personal responsibility for any damages following such injury, permanent disability, or death. I hereby consent to said minor's participation and assume all the risks of his/her personal injury that may result from the football camp activities. _____

INITIALS

Parent or Guardian Signature: _____

Date: _____

SCHEDULE OF CAMP

Typical Camp Day

- 6:00 – 6:20 Dynamic Stretching
- 6:20 – 6:40 Offensive Individual
- 6:40 – 6:45 Water
- 6:45 – 7:05 Punt, Pass, & Kick
- 7:05 – 7:25 Defensive Individual
- 7:25 – 7:30 Water
- 7:30 – 7:45 7-on-7 Offensive Time
- 7:30 – 7:45 Offensive Line Pass Pro
- 7:45 – 8:00 7-on-7 Defensive Time
- 7:45 – 8:00 Defensive Line Pass Rush
- 8:00 – 8:30 Flag Football Games

THE 12th MAN YOUTH FOOTBALL CAMP

FEATURING THE EDWARDSVILLE HIGH SCHOOL FOOTBALL STAFF AND PLAYERS



LOCATION:

EDWARDSVILLE HIGH SCHOOL PRACTICE & GAME FIELD

DATES:

JULY 6 – 8, 2009

TIMES:

WALK UP REGISTRATION @ 5:30 PM
CAMP 6:00 PM – 8:30 PM